

# Women in Agriculture

Wednesday, March 29<sup>th</sup>, 2017, 9am-2pm  
VFW Post 804, 1258 Millville Road, Bloomsburg

Come enjoy a day dedicated to the sustainability of our local businesses and farmland and of our own health and wellbeing. Also features valuable legal advice and a fascinating exploration of nature.

8:45-9:00: Registration (coffee & refreshments)

9:00- 9:45: "Why I Farm"

Justin Naylor (Old Tioga Farm)

9:45- 10:30: "What We Do: Our Local Businesses"

Teri Watson (Mad Dog Farm) & Rosie Zaginaylo (Four-Zag Hill Farm)

10:30-10:45: Coffee Break

10:45-11:30: "Legal Matters in Agriculture" Rob Davidson, J.D. RHP Law Group

11:30-1:00: Lunch (soups, sandwiches & dessert), wine tasting, massage

12:00-12:20 "Why You are Your Most Valuable Asset" Dr. Stu Hartman, Catawissa Chiropractic Center

12:30-2:00: "Exploration of Wild Edibles" \*wear outdoor shoes for short outside segment!

Debbie Naha, Naturalist/Educator/Nutritionist

Free Native  
Plant for  
first 30  
registrants!



Local wine  
tasting!



BONUS!!!!

Make your own eco-  
friendly face mask to  
take home!



Chair Massage  
compliments of  
Catawissa  
Chiropractic !



Door  
Prizes!!!



\$10/person. Registration due by March 17, 2017. Send check payable to CCCD, along with your name, address, email and phone number to: Tracey Oman, Columbia County Conservation District, 702 Sawmill Rd, Ste 204, Bloomsburg, PA 17815.

**Free Native Plant for first 30 registrants!**

Breakfast kindly sponsored by:



[www.columbiaccd.org](http://www.columbiaccd.org)

